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ABSTRACT OF THE DISCLOSURE

A device for attaching at least three electrodes to a subject for stimulating abdominal muscles of the subject. The device comprises an attachment mechanism that further comprises a main locating element for locating a central electrode of the at least three electrodes, and two secondary locating elements disposed on respective opposite sides of the main locating element for locating two corresponding side electrodes of the at least three electrodes spaced apart from the central electrode. A receiver is also provided for receiving a signal generated by a signal generator for generating at least one pulsed signal. A selector is also provided for selecting one or more of the electrodes through which a pulsed signal is to be applied.